

Keystone DAY 2

Tuesday - June 18, 2013

(Please understand that these are just notes that I personally took and may or may not be 100% accurate. If anyone wants to help these notes please feel free :)

For you to do as you wish,
Virginia

Tim Hall - 501 - 920-4248 thall@bryantmcainschools.org

Mark Cain - 870-550-8800 mcain@bryantmcainschools.org

“Small things in life really do matter”



3 foot pool chain & a Metal Ring
Create shelf with hand and hide ring with hand.

Barely move your thumb and physics does the rest. (The ring should flip)
Talk about how important consistency is in whatever we do.

Grading

- Based on Participation

- 25 points per activity

- Final Project (physical projects and iMovies)

- You must show all 7 habits

- Each group gets a different habit and they create posters, plays iMovies

Helping you:

Activity then discussion or vice versa.

Start off with 7 habits quotes from the paradigms and ask questions

(This is the way he does things... frameworks are written so broadly for keystone that you can use whatever text you'd like, but the 7 habits is what he uses)

Referred to the kids story in the book.

Jodi brought up the kids looking at the agendas

Question about how we get supplies for the activities: The teachers buy on their own and each teacher gets \$200 a year and then they ask for the everything else.

Websites:

www.training-wheels.com

www.pa.org

www.woodnbarnes.com

www.peaktrading.com (hardware)

www.arcota.org



Brick and Mortar
LOWES
WALMART
DOLLAR TREE

**Introduced Ray Henson -
Director of Workforce
Training**

*Friday Ray met with the directors of the big three agencies... no longer going to use Kuder.

*Dept of Workforce Services using a new training system Careerready101 developing a new portfolio



system.

*Continuing with the mentorship program

*September conference at Crown Plaza in Little Rock

*Career Ed is going through changes... everything will be career readiness

*The model is changing. Adopting some changes from other states.

*Entry level jobs are harder than college.

*Ray is working to align high school with college and the workforce

*The career pathway should be broader than narrow. (example was radio broadcasting, making it broader into film, TV, tech etc.)

*Making the students transition smoothly beyond high school.

*workforce ed used to be vocational but a majority of jobs now require post secondary education.

*Departments must provide skill and the education behind it.

*Course codes are changing

*Name of courses are changing

*New law passed: "All Students must have an online class for graduation"

*First online class will be called: "Career Ready 101" This will be rolled out this coming school year.

*Create a workforce that can bring in new companies from all over the world to Arkansas

*Not required to come in September if we came already to this conference... but, the more PD the better

*The frameworks from the Dept of Education are now in a word doc so you can create your lesson plans within it.

*Overview of the mentorship program: WF comes out to visit the schools and the teacher has a binder that contains items that they review. Once you complete the binder you can pass it on to the person who might teach the class next. Binder contains: personal, technical, lesson plans, frameworks etc.. An outline of what you are doing in your program. It's what you are doing anyway - it's just all in one place.

- * This will help you help your students who will have to create a Career Ready Portfolio for themselves.
- * The benefit of being under this department is the grant money that you can get. Perkins grant etc. Question about expanding program: Ropes Course was funded through the Perkins fund. You have to tie it to an indicator - like safety equipment. Perkins is to help

KEystone ACTIVITIES 2012-13			
TIM HALL/MARK CAIN			
OUTSIDE ACTIVITIES:		INSIDE ACTIVITIES:	
ELECTRIC FENCE	* WARP SPEED	LAND MINES	MOON SURVIVAL
ADVENTURE WALK	WILLOW IN THE WIND	BLIND NINJA/NOODLE NAME GAME	MOVIES: RADIO, ANTWONE FISHER, FACING
NITRO CROSSING	PYRAMIDS	SKUNK	THE GIANTS, TEAM HOYT, REMEMBER THE
-ROCK WALL	ZOMBIES	HUMAN HANDCUFFS	TITANS, HOMELESS TO HARVARD
-CAT WALK	TANKS	HOT SEAT	MAFIA
-ROCKWALL ON A STICK	THE LINE UP	KICK ME	WRITING ASSIGNMENTS
HUMAN LADDER	TIPSY TABLE TOP	PORCIPINE PROGRESSION	ETCH A SKETCH
-MULTI-VINE LINE	NAME CURTAIN	MISSION STATEMENTS	BLIND PICASSO
TRUST FALL	MONSTER	PICTURE ME/EMOTIONAL PICTURES	FLOATING HAMMER
-THE WALL	*REPRESENTS ACTIVITIES THAT CAN BE PERFORMED	CIRCLE OF CONTROL/NO CONTROL	GUESSTURES
ISLANDS	INSIDE OR OUTSIDE	NUMBERS	BLIND BOB THE BUILDERS (NOODLES)
5 POINT STAR	-HIGH ELEMENTS	SWITCH-SWITCH-CHANGE	
*HAVE YOU EVER?		COME ON SIX	
MINE MINE MINE		BUZZ RING	
TWO LINE BRIDGE		JUST ONE WORD	
HOG CALL		WHO ARE YOU?	
HUMAN FOOSBALL		KILLER AMUNG US	
ALASKAN BASEBALL		IF YOU REALLY KNEW ME	
BOMB RETRIEVAL		ANCIENT #ING SYSTEM	
-PAMPER POLE		CARD COUNT	
*ROCK PAPER SCISSORS STRETCH		MIND GAMES-ELEVATOR/MIND BALANCE/STRONG-WEAK	
-DANGLE DUO		3 IMPOSSIBLE THINGS	
		CRYSTAL BALL	

the program be a better program and the student.

- * Maude (from Bentonville) says: Perkins is by district not by individual class... and money for Bentonville through this may be limited.
- * Question and Answer: Keystone is not in a program because we are helping students from all programs.
- * Answer: Promoting a council of the Career director, teachers and College people to collaborate on what is best for the students pathway.

GOALS for students: to decrease the rate of referrals and help with graduation rates

Ray asked Wendy: Why keystone: Wendy: Because they wanted continuous advisory, anti-bullying campaign, improve BHS Culture



HUMAN HANDCUFFS HOWTO VIDEO

Take a bit of your responsibility (rope on top)
put loop through the cuff and over the opposite hand of the other person
DONT TWIST
This is how you create a win win situation.

Agree or Disagree

Line (he used water noodles) to distinguish two different sides that the students can go to and the center is no opinion.

Ask provoking questions

One side is Agree and one side is Disagree

Ask why to delve deeper.

Zombie and Food

OUTSIDE GAME

Get into partners

One partner is the Zombie (eyes closed and arms out - old school zombie style)

One partner is the Food (stands completely still and no talking)

Zombie walks across field with eyes closed and arms out to find their food partner

Have you ever?

Circle of people - One in the Center

Person in the center must say something that they have done that others might have done as well.

If you have done it, you must move.

last person to the spot gets in.

This is another game that has the chance to go deeper.

SKUNK (All you need is 2 dice)

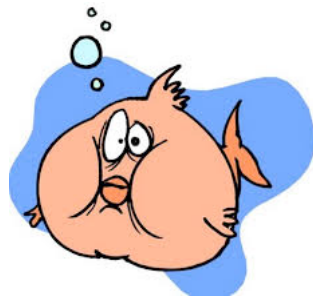
This game is about decision making - knowing how to stop and when to stop

1. Everyone needs a piece of paper and write SKUNK on the paper.
 2. Each letter has a round
 3. After you roll three times everyone stand up (roll three for each letter)
 4. Once you sit down you get to keep the points added from that round. If you are sitting down you cannot get any additional points.
 5. Roll for additional points for each letter and If teacher rolls a 1 everyone standing loses all of their points.
 6. The die keeps rolling until a 1 is rolled.
 7. When SKUNK is spelled add up points to see who wins.
- Skunk teaches you if you think beyond the first roll you have a greater chance of being successful. The same applies to Zombie Food. Having a plan helps!



Holding your breath

How we get through school



Have the students hold their breath for 5 seconds and that's like looking at your life in a minute and 5 seconds is like school. We are trying to guide you through just a small glimpse of your life.

NUMBERS GAME (THIS NEEDS HELP... Please revise if you so choose and resend to everyone... Maude and I tried!)

1. 5 Numbers that doesn't begin or end with 1 or 0
 2. Go down to the bottom and bring down the first 4 numbers and take 2 from the last number and put at that total at the end and put a 2 at the beginning.
 3. Get another 5 digit number with the same guidelines from the students
 4. All of the numbers add up to 271850
 5. The first two numbers the student gives you
 6. The teacher gives the third number - The third number has to make the 2nd and the 3rd equal 9



7. 4th number the student gives

8. Teacher gives the 5th number by taking the 4th number and making the 5th equal 9

(Power of nines - You always subtract from the last number and bring that number down... then you always add a 2 to the front.)

71852

71822

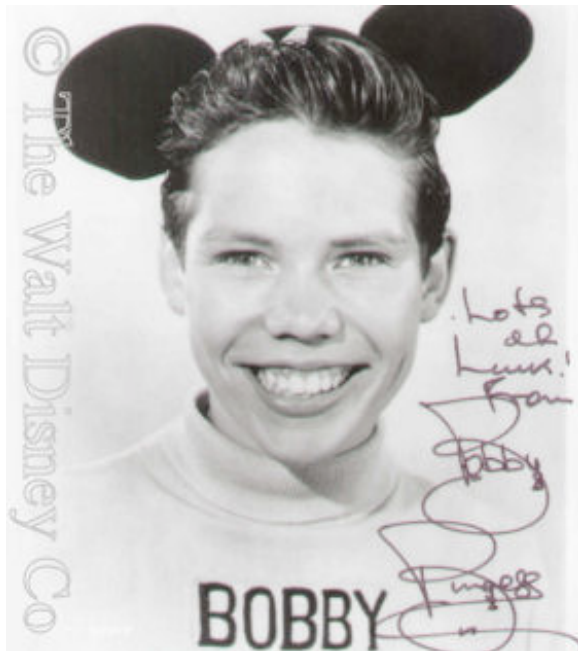
28177

63456

+ ~~36543~~

271850

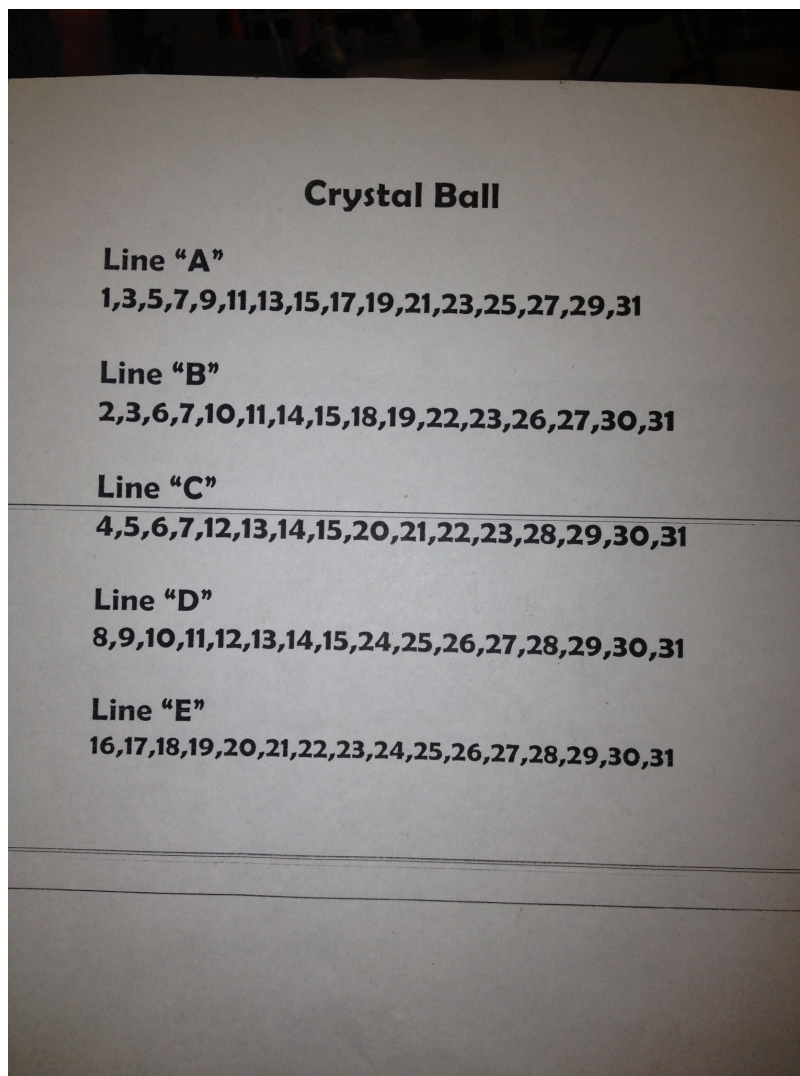
In Bobbies world there are.... (double letter words)



Bass with no brim
boots with no baskets
Pools with no water
Pools with no ponds
No pots no pans
cartoons but no mickey mouse
No balloons but no air
floors but ceiling
teeth but no mouth
feet with no toes
noodles but no pasta
cells but no skin
teeth with no gums
bentonville but no bryant
glass but no windows
ladders with no steps

grass but no mowing

CAN'T be: watch with no hands because there is no double letters



Crystal Ball

know when the day of the birthday by looking at this sheet

SECRET:

add the first number of each letter they call.

so AB would be 3

so D would be 8

ABE would be 19

What's the lesson?

*Sometimes we do more work than we need to ... but with the proper tools we are able to do things much more quickly.

*We can get overwhelmed and distracted by looking

at everything.

LAND-MINES:

This is life, in your life if there is an old problem that you don't take care of it can come and bite you in the butt.

Old habit that if you don't break can come back and get you.

"Eating ice cream before dinner"

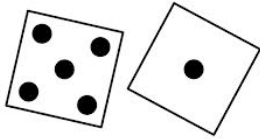
"Being too tentative"

1. Partner must lead other partner that has their eyes closed through the maze of mines without them stepping them.
2. two people telling one person what to do.



on

Rolling 6s



Everyone gets a sheet of paper

Each table gets a set of die

One pen starts off in the middle

first person that rolls a 6 he's going to grab the pen and write as fast as he can the numbers 1-100 until someone else rolls a 6.

Every time you get a 6 you get to continue with your

numbers

The person that gets to 100 first wins

LESSON:

Consequences - you're on your own. Teamwork happened because she was trying to help herself.

Strategies: pull the pen from someone else.

Being proactive- Begin with the end in mind. Think Win Win. Synergize.

Last words from Tim Hall and Ray Henson

The key to playing a game you stop when the game is the most fun is taking place/ at its peak.

21st century scan skills (?) - The things we do in Keystone, communication, team building, if you concentrate on the first 12 skills - this is what gets students ready for careers. Employers say that they can teach the skill but they need what we are doing in Keystone classes to teach the things that the employer think they should come in with

Last question about dress code: Tim and Mark where PE clothes when they go outside and professional when there are classroom days. Please talk to admin about this to make sure you're in compliance with your school.